

Meeting Schedule 2016-2017
Arranged by the Education Committee

November 15, 2016

Dr. Jeffrey Mannheimer

“Overlooked Causative And Perpetuating Factors Relative To Headache, Orofacial And Temporomandibular Pain/Dysfunction Syndromes With Therapeutic Implications”

January 17, 2017

Officers Night And Life Member Presentations

February 21, 2017

Sy Symanski Memorial Lecture

Dr. Steven Singer

“CBCT: Basics, Diagnosis And Treatment Planning”

March 21, 2017

Dr. Jon Suzuki

“Periimplantitis: Etiologies And Potential Therapies”

April 18, 2017

Dr. Sam Kratchman

“Complications In Endodontics”

Thursday June 15, 2017

MCDS Bi-Annual OSHA Seminar/
Certification

October 20, 2017

Dr. Dennis Tarnow
Full Day Course

Register for these courses using the forms in this newsletter, or register online at www.mcsofnj.org (username and password are at the bottom of page 2).

The Dental Newsletter



www.MCDSofNJ.org

A Publication of the Middlesex County Dental Society

President's Message ... Devang Modi



It is with tremendous pride that I write my final President's message. I have enjoyed an amazing journey and transformation within this past year. I was ready for my role as President prior to last April's induction knowing some major changes in MCDS were coming. We were searching for a new executive secretary, our AGD certification needed to be renewed and MCDS study club credits approved. A farewell needed to be planned to appropriately honor Marlene Glickman for all of her time and commitment to our component for so many years. Needless to say, all was accomplished. We even streamlined a process to welcome and recognize new MCDS members by a personalized telephone call from the President. Visiting several components and representing MCDS was enlightening and valuable. Many other subtle changes took place at the board meeting and how we conducted business efficiently and effectively. I enjoyed my time so much I wish I could do it for another year J.

Now that my term is done, I will use the summer to reflect on what has been accomplished and what lies ahead. As I announced at our meeting I have a passion for success and a passion for dance. My aspiration is to one day be NJDA President and then maybe ADA President. To reach this goal it will require a lot of hard work, patience, credibility and control of my emotions. This past year has provided me with the confidence and knowl-

Continued on page 2

**There is no May 2017 General Meeting and
no May 2017 Board Meeting**

See you in September!

Stay tuned for the 2017-2018 General Meeting Schedule. As soon as it is available, it will be published on our web site, and it will also be published in the September issue of this newsletter, which you should receive by the last week in August.

Have a great summer!

MCDS Board of Trustees Report

April 11, 2017

Attendance: Drs. Devang Modi, Peter DeSciscio, Robert Silverstein, Sajeew Satwah, Maya Prabhu, Antoinette Tauk, Nima Mir-Madjlessi, Deborah Brown, Robert Ashmen, Nainesh Desai, Mario Fiorentini, and Nicholas Diaz.

Acceptance of 3/14/17 Minutes—vote unanimous

President's Report – Dr. Devang Modi

This will be our last board meeting and it has been a pleasure to serve you all. We have conducted all MCDS business effectively in record time this year and I appreciate everyone's cooperation, advice and valuable input to make my Presidency year a success for all MCDS members-- thank you.

Rutgers Health University Dental Associates at 135 Somerset Street will be conducting an open house on Wednesday, April 19th from 9am-7pm. All are encouraged to visit the site and have any questions answered about the intent of this site, especially if you are a dentist practicing and serving the nearby community and RWJUH employees.

I am requesting all MCDS board members to attend the House of Delegates meeting on Saturday, May 6th afternoon. Dr. Mark Vitale will be sworn in as NJDA President and Dr. Mitch Weiner will be moving up as Treasurer. This is another extremely proud moment for MCDS and we should have a strong presence in support of both. Thank you in advance to all those attending.

Treasurer's Report – Dr. Sanjeev Satwah

See full report on page 3

Trustee's Report – Dr. Peter DeSciscio

The Board approved the formation of the NJDA sub-trust agreement with participation in the Multiple Employer Welfare Arrangement (MEWA), operated by America Master Trust (AMT) and a funding commitment of \$10,000. The sub-trust document will be reviewed by outside legal counsel with expertise in this field. The sub-trust allows for 3 trustees of the sub-trust. It was agreed that the terms should be staggered. The Board approved the nomination of Dr. Mitch Weiner to serve a 3 year term. Dr. Di Vincenzo appointed Dr. Kevin Corry to a one year term. Dr. Di Vincenzo will speak with other qualified members to fill the two year term.

Executive Secretary Report – Stephanie Dowling

The PO Box address for MCDS has expired and was up for renewal. It has been transferred to a more convenient location for me from East Brunswick to PO BOX 127 in Colonia, NJ 07067. Please make a note of it. It will be updated on our website, stationary and all sponsors informed. Mail will be forwarded to the new post office box for the next year for a nominal fee.

NJDA Council Reports:

New Dentists – Sanjeev Satwah

I have been relieved of my "new dentist" duties since I have graduated 10 years ago. I no longer sit on the committee and Tom Snisak of Monmouth is the new Chair of the committee.

Peer Review – Dr. Sandy Goldstein

There was one case successfully mediated last month. One new case was assigned. We currently have two cases undergoing active mediation.

Committee Reports:

Corporate Sponsorship – Dr. Ira Rosen

At the April General Membership meeting, all four of our gold sponsors will be in attendance – ZimmerBiomet, Dentsply International, Provident Bank and Techspedient. In addition, one of our bronze sponsors will be joining us again– Acquadent Dental Laboratory. Also please join me in welcoming a new sponsor to our dental society- ZEISS. They are manufacturers of surgical microscopes and high quality loupes. Make sure to visit all of our sponsors and view their products.

The corporate sponsorship committee is proud to support our upcoming Continuing Education program. On Friday, October 20, 2017, MCDS is proud to bring Dr. Denis Tarnow back to speak to us at the Pines Manor. Dr. Tarnow is a

Continued on page 3

edge to pursue that dream in the future. And I'm sure with the tutelage from Dr.'s Kahn, Vitale, Weiner ahead of me, that maybe possible?

Until then, I will dance, dance and dance. I love dancing and teaching dance. It's my "Zen." It takes me away from reality, dentistry and any stress or negativity. I am energized and ready to face the world. I hope all of you have some form of escape. Dentistry can burn you out if you don't have a hobby or a way to relax your body and mind. Whether its playing golf, listening to music, exercise, running, yoga, meditation... please incorporate something into your daily routine which is all about you. You never know which day maybe your last, so live every day like it's your last. Add life to your days and I'm sure it will add days to your life. It has been an honor and privilege to serve as your President and I leave myself available to any assistance in the future. Thank you for your trust in me. Have a safe and wonderful summer.

With gratitude, Devang Modi

Insurance Claims Problems?

The Board would like to remind you that Claims Resolution Service is available through the NJDA to help you resolve any dental claim issue.

Please contact Dr. Joan Monaco at 732-821-9400.

This service is provided free to you as a member benefit.



The Dental Newsletter
A Publication of the Middlesex County Dental Society

Published at the office of Dr. Robert Silverstein
www.MCDSofNJ.org user name: mcds
password: mcds1912

Detailed Treasurer's Report
As of March 31, 2017
Dr. Sanjeev Satwah

2/28/17	3/31/17	3/31/16
	Checking (TD)	
\$0.00	\$0.00	\$41,618.65
	Checking (Provident)	
\$119,221.32	\$111,901.47	\$28,895.84
	Savings (TD)	
\$0.00	\$0.00	\$24,376.57
	Savings (Provident)	
\$20,020.67	\$20,022.37	\$20,002.40
	Paypal	
\$7,903.18	\$8,167.78	\$6,058.86
	Total	
\$147,145.17	\$132,740.62	\$120,952.32

3/1/2017 through 3/31/2017
P & L Statement Checking Account

EXPENSES		
DINNERMEETINGS		4,838.96
LECTURE FEES		1600.00
TOTAL DINNERMEETINGS		6,438.96
EXECUTIVE SECRETARY		629.00
NAME BADGES		135.54
TELEPHONE		137.93
TOTAL EXPENSES		7,341.43
OVERALL TOTAL		-7,341.43

P & L Statement Savings INCOME		
INTEREST		1.70
TOTAL INCOME		1.70
OVERALL TOTAL		1.70

P & L Statement PayPal INCOME		
CONT. EDUC.-INC		246.60
TOTAL INCOME		246.60

General Membership Meeting Business

The slate of officers for 2017-18 was unanimously approved by the members present, and inducted by Dr. Daniel Krantz.

They are as follows:

President: Dr. Amit Vora,
President-Elect and Education Coordinator: Genevieve Fernandes,
Vice President: Sanjeev Satwah,
Secretary: Antoinette Tauk,
Treasurer: Mario Fiorentini.

MCDS Board of Trustees Report

Continued from page 2

world-renowned speaker, educator and clinician in the field of dental implants. Due to the outstanding work of the MCDS Executive Board and the support of our corporate sponsors, all MCDS members will be able to spend a full day learning from Dr. Tar-now, including coffee breaks and a full buffet lunch, for the incredible member-only early registration fee of **\$25.00!** This is the ultimate member benefit and we hope to see all of our members there.

Membership – Dr. Nima Mir-Madjlessi, Dr. Genevieve Fernandes

The last membership council meeting was held on March 13, 2017. Unfortunately, I was not able to attend due to family obligations. However here are some of the highlights of the minutes:

1. The RSDM Mentorship program IS scheduled to launch in early to mid April.
2. NJDA has begun researching non-members w/o email addresses.
3. Brendan Breen and Dr. Joan Monaco began visiting the NJ residency programs for the second time.
4. 2 videos can be viewed on NJDA website to promote NJDA career center and Mentor program.
5. The Career center has been online for over a month and has made a profit. (75 jobs have been posted.
6. A list of best practices for components is being developed.
7. The council has asked the NJDA staff to develop 5,10,15,... membership achievement certificates.
8. The search for a full time faculty member of RSDM to join the membership council continues.

On March 30, the Membership Council Members received an email from Brendan Breen-the Director of Membership for NJDA that he has accepted another position with another organization and his tenure came to an end on April 10, 2017. If there is any further information, it will be shared with our membership. The next Membership council meeting-via teleconference will be on April 24, 2017.

Mentor – Dr. Nima Mir-Madjlessi

Our bi-annual OSHA program that satisfies the OSHA standard on Occupational Exposure to Blood Borne Pathogens, which is required annually for dentists and staff, will be given on June 15, 2017 at JFK Hospital in Edison NJ. Two CEU credits was awarded to the Dentists & staff members attending these 2-hour seminars. These seminars are available as a member benefit of MCDS. A very big "Thank You" to Dr. Devang Modi for arranging all our room accommodations for the MCDS-OSHA-Mentor programs at JFK Hospital in Edison, NJ. Please see the insert in this newsletter for additional information and registration for the Mentor program.

MCDS Study Club – Dr. Nima Mir-Madjlessi, Dr. Genevieve Fernandes

On October 26, 2016 we had the second meeting of the 2016-7 MCDS Study Club. Our own Dr. Amit Vora gave a presentation entitled "Lasers in Dentistry: A Minimally Invasive Approach." This was an excellent presentation which was well received and appreciated by all of those who attended. We had about 15 members who attended the meeting.

Another reminder to all of our members: take advantage of this opportunity and to invite a friend or colleague who is not a member of NJDA/MCDS to see one of the many benefits of membership. Our next meeting will be held on April 12, 2017. Our esteemed speaker will be Dr. Hugh Habas. The title of the course is "Managing Your Practice for Optimum Profitability and Success- the Power of 50% (or less) Overhead Expense." I hope that I see a lot of you at this meeting.

May 24, 2017 has been reserved for our last Study club of the 2016-17 season. There seemed to be an interest in having another open round table discussion. I would appreciate it if our members could RSVP in advance so we can organize that meeting if there is enough of an interest.

New Business: Dr. Nicholas Diaz was appointed to be our representative for the NJDA Council on New Dentists.

Respectfully Submitted, Dr. Antoinette Tauk, Secretary

Highlights from the April 2017 Meeting



Outgoing President Dr. Devang Modi and Membership Co-Chair Dr. Genevieve Fernandes welcome one of our recent new members: Dr. Dhara Shah



Incoming MCDS President Dr. Amit Vora with April Featured Speaker Dr. Sam Kratchman



Incoming President Dr. Amit Vora thanks outgoing President Dr. Devang Modi for his year of service to our society.



Dr. Daniel Krantz (2nd from R.) inducts our new officers: From L. to R.: Dr. Mario Fiorentini, Treasurer; Dr. Genevieve Fernandes, President-Elect and Education Coordinator; Dr. Amit Vora, President; Dr. Devang Modi, Immediate Past President; Dr. Antoinette Tauk, Secretary



Stephen J. Chu maintains an academic appointment as an adjunct clinical professor in the Ashman Department of Periodontology and Implant Dentistry and the Department of Prosthodontics at NYU College of Dentistry. He also has a private practice in fixed prosthodontics, aesthetic, and implant dentistry in New York City.

Dr. Chu has published over 40 articles in the dental literature and has given lectures nationally and internationally on the subjects of esthetic, restorative, and implant dentistry. Dr. Chu is on the editorial review board of several peer-reviewed dental journals. He is the recipient of the Peter Scharer distinguished lecturer award from the European Academy of Esthetic Dentistry and the Lloyd L. Miller distinguished lecturer award from the Society for Color and Appearance in Dentistry.

SAVE THE DATES

2017 Garden State Dental Conference & Expo
May 5 & 6 at the Newark International Airport Marriott
Featured Speaker: DR. STEVEN CHU

Presenting two half day courses:

AM Session: Managing Esthetic Failures on Anterior Implants
PM Session: Immediate Implants in the Aesthetic Zone

SAVE THE DATE: OCTOBER 20, 2017
DR. DENNIS TARNOW RETURNS TO CENTRAL NEW JERSEY!
INCREDIBLY LOW MCDS AND NJDA MEMBER TUITION RATES!



Middlesex County Dental Society

Presents World Renowned Educator, Clinician and Researcher
Dennis P. Tarnow, D.D.S.

Topics to be covered during this full day course (see the back of flyer for course synopses):

AM Session – What we know, what we think we know, and what we don't know about Immediate Extraction Socket Management.

PM Session – Interdisciplinary Approach for Treating the Esthetically Compromised Patient.

DATE	TIME	LOCATION	CREDITS
Friday October 20, 2017	7:30 am Registration & Continental Breakfast 8:00 am — 4:00 pm Course & Lunch (Breakfast and Lunch included)	Pines Manor 2085 Lincoln Hwy Edison, NJ 08817	7 Continuing Education Credits

Dennis P. Tarnow is currently Clinical Professor of Periodontology and Director of Implant Education at Columbia School of Dental Medicine. He is the former Professor and Chairman of the Department of Periodontology and Implant Dentistry at New York University College of Dentistry. Dr. Tarnow has a certificate in Periodontics and Prosthodontics and is a Diplomat of the American Board of Periodontology. He is a recipient of the Master Clinician Award from the American Academy of Periodontology, Teacher of the Year Award from New York University and Distinguished Lecturer Award from the American College of Prosthodontists in 2015. Dr. Tarnow has a private practice in New York City, and has been honored with a wing named after him at New York University College of Dentistry. He has published over one hundred fifty articles on perio-prosthodontics and implant dentistry and has coauthored three textbooks including one titled Aesthetic Restorative Dentistry. Dr. Tarnow has lectured extensively in the United States and internationally in over thirty countries.



Registration Form

 Doctor's Name (Last)

 Doctor's Name (First)

 Street Address

 City

 State Zip

 Office Telephone Number

Tuition

This course is open to doctors only.

MCDS Members/Residents: \$25 / \$50 ea*
 NJDA Members & ADA members:\$175 / \$200 ea*
 ADA Non-Members:.....\$350 / \$375 ea*

Total Enclosed: \$ _____

* Early/Late registration cutoff date: September 20, 2017

Checks Payable to MCDS (Payment must accompany registration)
 Mail to: Middlesex County Dental Society
 P.O. Box 7026, East Brunswick, NJ 08816
 For further information call 732-764-MCDS (6237)

To register more than one dentist for your office, please use copies of this form, or register online at
www.MCDSofNJ.org (Payment by Credit Card is also available online)

Full Day Course Synopses

(You must register for the full day; there is no separate registration for just the AM or PM sessions).

AM Session – What we know, what we think we know, and what we don't know about Immediate Extraction Socket Management.

Course Outline:

Immediate placements of implants into extraction sockets is an exciting treatment alternative for our patients. However, there are many potential short and particularly long term risks which the practitioner must be fully aware of. This presentation will focus on the potential problems and benefits both clinically and biologically when the choice of immediate socket placement is made for single and multiple sites.

Upon completion of this presentation participants should be able to:

- Identify what type of healing takes place against the implant in immediate socket placement
- Know how to minimize recession with immediate provisionalization
- Know the proper crown contour for immediate provisionals
- Know if the gap distance really matters
- Know if primary closure should be attempted or should it be left open?
- Know if membranes should be utilized?
- Know what type of graft material if any should be utilized?
- Identify what are the potential short and long term risks involved with immediate placement of implants?

PM Session – Interdisciplinary Approach for Treating the Esthetically Compromised Patient.

Course Outline:

The treatment planning of complex cases requires the highest level of knowledge and skill of the treating team.

It is an orchestration of procedures including proper sequencing and timing that makes the difference.

An envisionment of the final case before starting is required to know where the goal of treatment will be directed. This, in conjunction with the patients needs and clinical situation comprise the decision-making process for what is the best treatment for the patient.

Problems facing the team such as:

- Which teeth to save or extract?
- Should implants be placed immediately or in a delayed protocol?
- Should multiple implants be placed in the aesthetic zone?
- When and how to include orthodontics if needed for sight development
- Should pink ceramic be used or should ridge augmentation be performed?
- Should the case be splinted or broken up into separate bridges or individual teeth?
- How to provisionalize the case throughout treatment
- When to immediate load cases versus do a serial extraction case

These concerns will be addressed in this interdisciplinary approach to our most challenging cases.

Middlesex County Dental Society

REGISTRATION FORM

MCDS Bi-Annual OSHA Seminar/Certification

THURSDAY JUNE 15, 2017

Time: Registration: 6:00 PM Program: 6:30 - 8:30 PM

Place: JFK Hospital, Edison, NJ

Tuition: MCDS Member Dentists & Staff **\$25 per person** [member benefit]
NJDA Member Dentists & Staff **\$55 per person**
Non-MCDS/NJDA members/Staff **\$75 per person**
(payable to Middlesex County Dental Society)

This program will satisfy the OSHA standard on Occupational Exposure to Blood Borne Pathogens, which is **required annually for dentists and staff**. Each office person trained will receive certification that they have been properly instructed for this OSHA regulation on Infection Control.

Two CEU credits will be awarded to those attending this 2-hour seminar.

This seminar is available to our MCDS members as a

member benefit of MCDS

MCDS Member Dentists & Staff **\$25** @ # _____ = **Total \$** _____

NJDA Member Dentists & Staff **\$55** @ # _____ = **Total \$** _____

Non-MCDS/NJDA members/Staff **\$75** @ # _____ = **Total \$** _____

Please **REGISTER** as early as possible since this program tends to fill up quickly - Thank You

make CHECKS payable to: **MIDDLESEX COUNTY DENTAL SOCIETY**

Office Name

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Name (Dentists & Staff attending) title

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Phishing Attacks Are Getting More Difficult to Detect

by Bob Silverstein, Editor

This article was inspired by an article by Xudong Zheng. You can read his full blog post here: <https://www.xudongz.com/blog/2017/idn-phishing/>

Phishing attacks (fake web sites or emails that attempt to have you reveal your personal information to them) are becoming more and more prevalent. I get several email phishing attempts every day. Recently, I started getting emails from hackers purporting to be from companies like Lowes and Amazon, stating that I had won a gift certificate. Other common phishing attempts come in the form of emails from banks, credit card companies or online services like PayPal. These emails will pretend that your account has been compromised somehow, and that for your protection, you need to open an attachment or ask you to click on a link in the email to log in to your account and “fix” it.

Below is an example email that I received just a few days ago:

Dear Valued Client,

As part of our continuing commitment in ensuring greater

security for you and your account,

we require that you update your account

records. Please help us keep the records current.

To avoid limits on your

account, simply complete the form that we have provided in the

email attachment.

You may open it in your web browser to update your records.

We will notify

you when your records have been processed. If your account information

is not

updated, your account will be restricted and you will not be able to

receive or send payments

until such time as your form is received and processed.

Sincerely,

PayPal

In the past, these types of phishing attempts are made obvious by poor grammar, misspellings, line breaks in the middle of words, etc. as in the above example. However, a new type of attack called a “homograph” attack is being used, which makes fraudulent links and the websites that those links take you too, indistinguishable from the legitimate ones.

Text on your computer can either be encoded using ASCII or Unicode - your computer’s internal system for representing text. What hackers are doing, is registering web sites with Unicode characters from different languages, and this confuses some web browsers like Chrome, Firefox and Opera, based on the fonts that these browsers use, to display the fraudulent site’s address the same way it displays the legitimate site’s address in the browser’s address bar. For example, the domain “apple.com”, registered as “xn--80ak6aa92e.com”, bypasses those browsers’ filter by only using Cyrillic characters. So if you are using a vulnerable browser and click on a spoofed link, either in an email or on a fraudulent web site, and you assume that you can tell if you were taken to the legitimate web site by looking at the web address displayed in the browser’s web address bar, you will be fooled into providing your personal information to a phishing site.

If your system supports multiple languages, then Internet Explorer may also be vulnerable. Safari and some non-mainstream browsers are not vulnerable.

So what can you do about this? If you get an email from a company with whom you have an account, that asks you to click on a link to log in to your account to get a statement, unfreeze your account, update your personal information, etc., don’t click on that link. Open your web browser and type in the top level address yourself (www.apple.com, for example). Then use that site’s navigation system to get to the area that the email was asking you to go to.

This problem was fixed with Chrome 58. Although Firefox does not have an internal fix, there are instructions on the site referenced at the top of this page to changing one of the about:config settings to properly display the malicious address in Firefox’s address bar (but you still have to be vigilant about looking at the address bar to make sure you are on the site that you think you are on).

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1. Östman PO¹, Wennerberg A, Albrektsson T. Immediate Occlusal Loading Of NanoTite™ PREVAIL® Implants: A Prospective 1-Year Clinical And Radiographic Study. Clin Implant Dent Relat Res. 2010 Mar;12(1):39-47. n = 102.

¹Dr. Östman has a financial relationship with BIOMET 3i LLC resulting from speaking engagements, consulting engagements and other retained services.

Reference 1 discusses BIOMET 3i PREVAIL Implants with an integrated platform switching design, which is also incorporated into the 3i T3® Implant.

*0.37mm bone recession not typical of all cases.

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Middlesex County Dental Society Councils and Committees

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