

**Meeting Schedule 2018-19**  
**Arranged by the Education Committee**

February 19, 2019  
 NJDA Officers Night and  
 Life Member Presentations

March 19, 2019  
**Sy Symanski Memorial Lecture**  
 Dr. Shalin Shah  
 "Orthodontics in 3D"

April 16, 2019  
 Dr. Jason Goodchild  
 "Local Anesthesia-Mythbusters Edition!"

## Just Added!!!

**May 21, 2019**

7-9pm

Member Appreciation Reception  
 Beer/Wine and Light Fare  
 Complimentary for all MCDS Members!  
 Details to follow.

**Gordon Christensen, DDS, MSD, PhD**  
**is coming to MCDS!**

Tuesday, October 15, 2019 at the  
 General Meeting, and Wednesday, October  
 16, 2019 for a full day course at the  
 Pines Manor.

# The Dental Newsletter



**www.MCDSofNJ.org**

**A Publication of the Middlesex County Dental Society**

## President's Message ... Genevieve Fernandes



Spring is a time of renewal, a time when our marvelous gardens come into bloom and our neighbors start to hangout outside once more. It is also the time worth pausing to reflect on the winter months that just passed, and to consider the prospects of seasons to come.

As we welcome spring, I want to acknowledge the commitment of our members within our dental society. Your renewed membership with our dental association and contribution to our NJ Dental Political Action Committee provides the foundation upon which our dental profession's future rests.

As you all know, our Middlesex Dental Society board members are always working hard to provide stimulating and thought provoking CE courses for our members. To assemble a dedicated volunteer team whose rhythms support the intellectual excellence of our members in a great social setting can at times be

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## GENERAL MEETING – Tuesday, April 16, 2019

**THE PINES** Route 27 • Edison, NJ

Registration and hors d'oeuvres.....	6:00-7:30
Business Meeting.....	7:30-8:00
Speaker.....	8:00-9:00

## Featured Speaker: Dr. Jason Goodchild

### "Local Anesthesia-Mythbusters Edition!"



Dr. Goodchild is the Director of Clinical Affairs for Premier Dental Products. He has previously been in private practice in Pennsylvania. He received his DMD from the University of Pennsylvania. He has previously been on faculty at UMDNJ in the departments of Restorative Dentistry, Oral Medicine and Oral Diagnosis (where he also served as Director), and he has been on the faculty of Creighton University School of Dentistry in the departments of Diagnostic Sciences (where he served as Chairman) and Community and Preventative Dentistry. He has many publications in multiple journals, and has presented many lectures and courses.

Achieving profound and effective local anesthesia is essential in clinical practice. It is a limiting step in most procedures; meaning invasive procedures cannot commence until it is successfully achieved.

Despite the frequency that oral health providers (ie, dentists and hygienists) use local anesthetics during clinical practice, misconceptions remain. The goal of this presentation is to discuss several common 'myths' surrounding local anesthesia while incorporating literature-supported learning issues.

This course will review and update local anesthetic techniques, equipment, and current research for all providers.

**COURSE OBJECTIVES:** • Discuss current local anesthetic market share in the US. • Review the basic pharmacology of local anesthetics. • Discuss common 'myths' associated with local anesthesia including: Allergy to epinephrine, pH and the impact on injection pain, does needle size make a difference? buffering of local anesthetics, which local anesthetics are safe during pregnancy and lactation, what is the latest on local anesthetic-related paresthesias, review the armamentarium of local anesthetic delivery.

## MCDS Board of Trustees Report

March 12th, 2019

**Attendance:** Drs. Anil Ardeshta, Genevieve Fernandes, Mario Fiorentini, Nima Mir-Madjlessi, Ira Rosen, Sanjeev Satwah, Robert Silverstein, Constantine Simos, Steven Susskind, Antoinette Tauk, Mitchell Weiner and Stephanie Dowling.

**Acceptance of 2/12/2019 Minutes** - Vote unanimous.

**Presidents Report** – Dr. Genevieve Fernandes.

Dr. Mark Schambra is completing his term on the Judicial Committee. Dr. Robert Silverstein was unanimously approved to be the next representative on this committee. He will need to be confirmed by a majority vote of the membership at the next General Meeting. Dr. Mario Fiorentini is completing his term as treasurer. Possible candidates were discussed. Dr. Tauk presented the list of speakers and topics for 2019-2020 monthly society meetings. She will make reservations at the Pines Manor for those events. Dr. Satwah will reserve dates at NJDA for our board meetings. Stephanie will provide an update on life members and mail them their certificates if they were unable to receive them in person. Drs. Satwah and Silverstein have consulted on the advertisement for the May Membership Appreciation. Board members and delegates will try their best to attend the Annual NJDA May Conference and the President's Dance. Dr. Fernandes had received request for a waiver from a member due to financial hardship. The Board concluded that we did not have adequate information to make a fair recommendation. They requested full details of membership history and hardship before making a decision. It was unanimously voted to table this request until the next meeting when full details would be forthcoming and policies and procedures could be discussed.

**Chairperson of the Committee on Nominations** - Dr. Sanjeev Satwah

The Board approved 2019-2020 MCDS slate of officers:

President-Elect: Dr. Antoinette Tauk

Vice President: Dr. Mario Fiorentini

Treasurer: no current nominee

Secretary: Dr. Anil Ardeshta

Dr. Satwah will be presenting this list to the members at the March monthly meeting.

**Treasurer's Report**- Dr. Mario Fiorentini

See full report on page 3.

**NJDA Council Reports:**

**NJDPAC** – Dr. Amit Vora

Scott Galkin has resigned from the NJDPAC board. Amit Vora will take his place as MCDS rep to NJDPAC.

Legislation to Ban the use of Latex Gloves is on the move in NJ Legislature. Legislation is advancing that, if enacted, would ban the use of latex gloves in all health and food service settings. The NJDA is opposed to this legislation and is appealing to its members to call their legislators and ask them to oppose the S.1106/A3880. You can read the legislation at [https://www.njleg.state.nj.us/2018/Bills/S1500/1106\\_I1.PDF](https://www.njleg.state.nj.us/2018/Bills/S1500/1106_I1.PDF). You can find your legislator, by municipality, at <https://www.njleg.state.nj.us/districts/municipalities.asp>. Have you supported the NJ Dental Political Action Committee in 2019? The NJ Dental Political Action Committee (NJDPAC) is the first line of defense for in advocacy efforts for dentistry here in New Jersey. NJDPAC builds strong relationships with key influencers to ensure dentistry's voice is heard, and listened to, when it comes to shaping policy in our

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Presidents's Message – Continued from Page 1

a dubious task but nevertheless gets done. We must realize that it is not just achieving measurable results, but achieving them in an environment with coherence and interrelatedness which is crucial to our success. As your President, I am always striving to attain an organization where we can inspire people, serve life and get things done.

At Middlesex County Dental Society, I believe the hierarchy is absent, so any member can find a place to express an idea, contribute to a committee, and be the active advocates of our dental profession. In order to allow Middlesex County Dental Society to maintain its lofty reputation, we need your help. Being involved in dental leadership is a rewarding experience beyond anything that I could have imagined of. If you are a "younger or new" dentist, please consider coming to our Board of Trustees' meetings. These meetings are open to everyone. I invite you to contribute to our great organization and to carve out your bright future.

This spring let's renew our dedication to the perpetuation of this remarkable place. I am confident in our expectation that at Middlesex County Dental Society, forever, the future may learn from the past. We must continue to build upon the hard work of the stellar leaders that came before us. I am looking forward to continuing to serve you as we take New Jersey to a higher level within our nation.

### Attention Orthodontists!

Join 117 other NJ orthodontists who participate in Donated Orthodontic Services.

Visit [www.njbraces.org](http://www.njbraces.org) for more information.



*The Dental Newsletter*  
A Publication of the Middlesex County Dental Society

Published at the office of Dr. Robert Silverstein  
[www.MCDSofNJ.org](http://www.MCDSofNJ.org) user name: mcds  
password: mcds1912

**Detailed Treasurer's Report**  
As of February 28, 2019  
Dr. Mario Fiorentini

1/31/19	2/28/19	2/28/18
	Checking (Provident)	
\$78,679.32	\$72,436.98	\$89,397.38
	Savings (Provident)	
\$20,059.21	\$20,060.75	\$20,040.71
	Paypal	
\$14,377.27	\$14,377.27	\$14,377.27
	<b>Total</b>	
\$113,115.80	\$106,875.00	\$123,815.36
1/31/19 through 2/28/19		
P & L Statement Checking Account		
INCOME		
TOTAL INCOME		\$0.00
EXPENSES		
Name Badges		\$90.67
Executive Secretary		\$756.00
Supplies		\$11.00
Dinner Meetings		\$5,384.67
TOTAL EXPENSES		\$6,242.34
SUB TOTAL		\$(6,242.34)
P & L Statement Savings		
INCOME		
INTEREST		\$1.54
TOTAL		\$1.54
<b>OVERALL TOTAL</b>		<b>\$(6,240.80)</b>

## Provide MCDS with your email address!

As those of you who have registered your email addresses with us know, the Board is becoming more pro-active in notifying you with timely information, such as upcoming early registration deadlines, reminders about any changes in dates for the General Meetings, course reminders, etc.

By having your email address, we can get such vital and timely information to you. Register by going to our web site ([www.MCDSofNJ.org](http://www.MCDSofNJ.org)), then the member page, then "Of Current Interest." It's the third link down. The username is mcds, and the password is mcds1912.

## Like MCDS on Facebook!

[www.facebook.com/mcdsnj/](http://www.facebook.com/mcdsnj/)



## MCDS Board of Trustees Report

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state. Your voluntary contributions to NJDPAC are the only way we strengthen these bonds that help us advance issues important to the profession and halt those policy efforts which do not. Become an NJDPAC member today and help strengthen dentistry's voice in Trenton: <https://www.njda.org/government-affairs/njdpac/join-njdpac>

The NJ Senate narrowly passed legislation, S748, by a vote of 22-9-9 that would add, for the first time, a dental assistant to the NJ State Board of Dentistry. The NJDA opposes this legislation. Advocates for this legislation claim that Dental Assistants have no representation on the Board, while the NJDA's position is that the State Board's principal job is to protect the public's interest and that dental assistants largely lack the knowledge and understanding of complex dental cases to material improve public protection. A copy of the bill can be found here [https://www.njleg.state.nj.us/2018/Bills/S1000/748\\_T1.PDF](https://www.njleg.state.nj.us/2018/Bills/S1000/748_T1.PDF). The NJDA is urging its members to contact their Assemblypersons and asking them to oppose the legislation.

### Dental Benefits – Dr. Antoinette Tauk

Dr. Devang Modi is no longer on the Dental Benefits Committee. Dr. Tauk will continue to represent us.

The CODB met on 2/13/19. It was recommended that members purchase the CDT 2019 handbook. There are changes in the language of several codes in addition to new ICD codes that support the medical necessity of several dental procedures. For Medicaid providers that are treating patients in the OR there are many audits being done. Pediatric dentists must have supporting evidence for doing stainless steel crowns and not just a two-surface amalgam or composite, for example, a caries risk assessment. Documentation is very important. The treatment rendered should be fully documented, establish medical necessity and use diagnostic codes. The ADA claim form 2012 has space for four diagnostic codes. Use cross coding to assist in finding appropriate codes. It is inevitable that at some point in the future dentists will be required to use ICD codes which are diagnostic codes to support their diagnosis like our medical colleagues. It would not be a bad idea to start doing this now so that when this does become mandatory one's transition will be easier. If you are in the Medicare Advantage Plan there is a 2.5 year auto renew of form 8550. If you do not want to renew this contract you have a 30-day period from the anniversary date of your contract to opt in or opt out. If you do not do this will be auto renewed for another 2.5 years. The council is working on proposing some new ADA codes. If you are a participating dentist with an insurance carrier, there are procedures for which a patient can be charged an upgraded fee in addition to your negotiated fee. Make certain that you read the carrier's current policy, inform the patient of their choices and have the patient sign a financial informed consent that the carrier provides in their manual. An example of such an upgrade would be Invisalign treatment in lieu of traditional metal braces. The next meeting will be on 5/15/19.

### Peer Review - Dr. Steven Susskind

The Board was briefed on two cases: One was a three unit bridge and the second was a partial denture. The message to all members is the importance of documentation and discussing patient expectations to minimize future disagreements.

### Annual Session - Dr. Araceli Ziemba

The 2019 Garden State Dental Conference and Expo will be held May 2 - 3, 2019 at the Newark Liberty Airport Marriott. The House of Delegates meet-

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## MCDS Board of Trustees Report, Continued from page 3

ing is a separate registration from Annual Session. It will be held Saturday, May 4th, 2018.

Middlesex Component Challenge: We need at least 40 component members to participate at the conference, so grab a group of friends and register. It is a great place to network and earn CE.

Visit [www.njda.org](http://www.njda.org) to register for this great member benefit. After April 1, the conference fee will increase. Mark your calendars for this great event!

**New Dentists** - Dr. Nick Diaz

The next New Dentist event will be held on April 10th 2019 at Top Gold in Mt. Laurel, NJ. Members must register on NJDA's website ([www.njda.org](http://www.njda.org)), and it is free to attend.

**Committee Reports:**

**Corporate Sponsorship** - Dr. Ira Rosen

There will be five sponsors this meeting. Ultradent shall be joining.

**MCDS Study club/Mentor report** - Dr. Nima Mirmadjlessi .

On March 27, 2019 Dr. Ira Rosen will be presenting : Diagnosis and Treatment Planning at JFK Medical Center.

Please Preregister on our website and Facebook page. All members are encouraged to take advantage of this membership benefit.

**New Business**

Chris Fiorentini will be replacing Devang Modi as alternate NJDA delegate from MCDS. Congratulations to Dr. Chris Fiorentini and his wife Jemma on their soon-to-arrive baby (August). A very happy retirement to Dr. Daniel Krantz who recently sold his practice.

Respectfully submitted, Anil Ardeshta, D.M.D., Secretary

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## MCDS Members in the News

MCDS Member Dr. Ed Galkin raises money, awareness for Alzheimers Disease.

Excerpted from the ADA News, January 7, 2019



Dr. Ed Galkin was driving by an airport in early spring 2018 when, he said, he had an epiphany. I said to myself, "Maybe I can do it again." By "it," the 82-year-old periodontist and longtime pilot meant flying around the world in a single-engine plane — again. His goal: to raise awareness and money benefiting the Alzheimer's Association. About two years ago, his older brother, Dr. Sam Galkin, an orthodontist, died from complications from the disease. "It was an awful situation," Dr. Galkin said. "If the money we raise gets us a little closer to finding a cure for this terrible disease, then it would be worth it." Dr. Galkin and his co pilot, Marty Balk, set off from New Jersey at 10 a.m. Oct. 26, 2018. Their plane, a Cessna 210 Centurion that Dr. Galkin bought in 1977, would take them eastward across the Atlantic Ocean over the South Pacific and back to the U.S., visiting over a dozen locations, including Cyprus, Bangkok, Fiji and Hawaii. The duo returned at 11 p.m. Nov. 30, after a 16 hour flight from San Jose, California, and a refueling stop in Oklahoma. "No matter where we went or who we spoke with, many told us about friends and family who were affected by Alzheimer's," Dr. Galkin said. "Until this trip, I didn't realize how significant it was worldwide." His fundraising campaign continues today in the hopes of raising more than \$25,000 for the association.



## Highlights from the March General Meeting



MCDS President Dr. Genevieve Fernandes with new member Dr. Sharon Patel



March Featured Speaker Dr. Shalin Shah receives our annual Symanski Memorial Award from Dr. Cavan Brunsten

## General Membership Meeting Business

The following slate of officers for 2019-20, which was approved by the Board, was presented to the membership:

President-Elect: Dr. Antoinette Tauk

Vice President: Dr. Mario Fiorentini

Treasurer: no current nominee

Secretary: Dr. Anil Ardeshta

Dr. Sanjeev Satwah will automatically become President.

Once the Board has identified someone to serve as Treasurer, the position will be filled as per our By-Laws.



**Member Appreciation Night**  
**Mingle with your fellow MCDS members**  
**Pines Manor (Edison, NJ)**  
**Tuesday 5/21/19**  
**7-9:00PM**

Open Bar with Beer/Wine  
Appetizers, then a Buffet Dinner:  
Penne a la vodka  
Shrimp alla Pines  
Fried Calamari  
Apricot and Sesame Glazed Chicken  
Eggplant Rollatini

Gratis for MCDS Members! Just show up like you usually do for the General Meeting!

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Ellen Newman (H) 828-435-0227 (C) 415-328-2049 (please try the home number first)  
and/or email: [myhappydogs@aol.com](mailto:myhappydogs@aol.com)



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# Middlesex County Dental Society Councils and Committees

## – NJDA Council Representatives –

Daniel Krantz .....	ADA Delegate .....	469-8083	Nima Mir Madjlessi ..	Membership.....	651-8470
Richard Kahn.....	ADA Alternate Delegate.....	828-6622	Nicholas Diaz .....	New Dentists .....	917-685-3679
Amit Vora .....	NJDPAC .....	297-4900	Amit Vora .....	NJDA State Trustee .....	494-2444
Araceli Ziemba .....	Annual Session .....	297-0588	Robert Ashmen.....	NJDA Alt. State Trustee .....	846-6366
Antoinette Tauk .....	Dental Benefits Delegate.....	940-0092	Steven Susskind.....	Peer Review.....	254-9111
Amit Vora .....	Governmental/Public Affairs.....	297-4900	Constantine Simos.....	Relief .....	247-8083
Robert Silverstein.....	Judicial Council.....	560-0022			

## – MCDS Committee Chairpeople and Members at Large –

Ira Rosen.....	Budget and Finance .....	422-7440	Stephanie Dowling ....	Dental Shadowing .....	764-6237
Cavan Brunsden .....	Children's Dental Health .....	679-2323	Alyssa Bernstein.....	Hygiene Study Club .....	388-3100
Mark Schambra .....	Continuing Education.....	846-6366	Genevieve Fernandes	Membership Hospitality.....	613-1931
Ira Rosen.....	Corporate Sponsorship .....	422-7440	Cavan Brunsden .....	Special Olympics.....	679-2323

732 area codes unless otherwise indicated

## MCDS Officers

Emeritus Editor:	Dr. Theodore Symanski	(1898-1998)
News./Web Ed.:	Dr. Robert Silverstein	732-846-8686
Facebook Editor	Dr. Christopher Fiorentini	732-545-1023
President:	Dr. Genevieve Fernandes	732-613-1931
President Elect:	Dr. Sanjeev Satwah	732-422-7777
Vice President:	Dr. Antoinette Tauk	732-940-0092
Treasurer:	Dr. Mario Fiorentini	732-545-1023
Secretary:	Dr. Anil Ardeshta	973 972 1892
Ed. Coordinator:	Dr. Sanjeev Satwah	732-422-7777

### MCDS Executive Secretary:

Stephanie Dowling

P.O. Box 127, Colonia, NJ 07067

732-764-MCDS (6237)

732-764-6200 (Fax)

# Middlesex County Dental Society

## Mentor Study Club

### REGISTRATION FORM

1. ☐ October 24, 2018

DR. CAVAN BRUNSDEN: THE PRACTICE SUCCESS SYSTEM

2. ☐ November 28, 2018

DR. HAROLD V. COHEN: MANAGING MEDICAL EMERGENCIES IN THE DENTAL OFFICE

3. ☐ January 23, 2019

DR. GABRIEL RUIZ: IMPLANT PROSTHETICS-II

4. ☐ February 27, 2019

DR. PAUL GOODMAN AND MR ALEXANDER QUICENO: Are You Looking to Add an Associate or Sell Your Practice? Find Out the Right Choice for You!

5. ☐ March 27, 2019

DR. IRA ROSEN: THE TREATMENT PLANNING SEMINAR

6. ☐ April 24, 2019

DR. HUGH HABAS: Maximize Your Practice For Optimum Profitability and Economic Freedom

7. ☐ May 22, 2019

DR. JOAN MONACO: DENTAL INSURANCE OVERVIEW 2018-19

**Time:** Registration: 6:00 PM Program: 6:30 - 8:30 PM

**Place:** JFK Medical Center MRI Conference Room 65 James St Edison NJ 08820

**Tuition:** This seminar is only available to our members as a member benefit of MCDS

**Office Name** .....

**Office Address** .....

**Office phone #** ..... **Office fax #** .....

Name (Dentists & Staff attending) ..... title

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#### Mail and Return to:

**MIDDLESEX COUNTY DENTAL SOCIETY P.O. Box 127 Colonia, NJ 07067**

MCDS OFFICE: (732) 764-6237 MCDS FAX: (732) 764-6200