

**Meeting Schedule 2018-19**  
**Arranged by the Education Committee**

September 25, 2018

Dr. Mohamed Kamel

“Occlusion in Prosthodontics”

October 16, 2018

Dr. Marcus Johnson

“Pain Management &  
 Restorative-Driven Endodontics”

November 20, 2018

Dr. Christopher Salierno

“Taming the Overhead Beast”

January 15, 2019

Dr. Glenn Rosivack

“Silver Diamine Fluoride: Will It Re-  
 place Primary Teeth Restorations?”

February 19, 2019

NJDA Officers Night and  
 Life Member Presentations

March 19, 2019

**Sy Symanski Memorial Lecture**

Dr. Shalin Shah

“Orthodontics in 3D”

April 16, 2019

Dr. Jason Goodchild

“Local Anesthesia-Mythbusters Edition!”

# The Dental Newsletter



**www.MCDSofNJ.org**

**A Publication of the Middlesex County Dental Society**

## President's Message ... Genevieve Fernandes



Thank you to all our members that attended our January general meeting at Pines Manor. This New Year has brought in more new members to Middlesex County Dental Society. I would like to welcome all of you as you join the ADA who is our voice in the dental profession.

On Tuesday, February 19th at Pines Manor, Edison, NJ we will have the “NJDA Officers’ Night and Life Member Presentations”. This general meeting will start at 6:00PM with cocktails and Hors d’oeuvres, followed by a sumptuous dinner. Come hear the stories behind the legislative and legal battles won on your behalf by NJDA. This annual event is an opportunity to meet our NJDA President Dr. Alan Rothstein and NJDA Executive Director Mr. Art Meisel. You will be able to witness first hand their dedication to our members. After this evening, you will never ask the question, “What is organized dentistry doing for me?” It will provide you with the opportunity to learn how to use NJDA’s vast resources to get the most of your membership.

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## GENERAL MEETING – Tuesday, February 19, 2019

**THE PINES** Route 27 • Edison, NJ

Registration .....	6:00
Business Meeting and hors d’oeuvres .....	6:30
Life Member and NJDA Officers Presentations .....	7:00

## Congratulations to our newest Life Members!

### NJDA Officers Meeting and New Life Membership Presentations

Come hear the stories behind the legislative and legal battles won on your behalf by NJDA this year from the dedicated officers. This annual event is an opportunity to meet the NJDA Directors and General Counsel and to witness first hand their dedication to our members. You will never ask the question, “What is organized dentistry doing for me?” after this evening. It will provide you with the opportunity to learn how to use NJDA’s vast resources to get the most of your membership.

In addition, a special presentation to our deserving New Life Members will be featured. Life Members have been members for 30 consecutive years, or 40 years total. Tonight we honor our members who have reached this milestone in their careers, and acknowledge their contributions.

## MCDS Board of Trustees Report

January 8, 2019

**Attendance:** Drs. Anil Ardeschna, Nainesh Desai, Genevieve Fernandes, Chris Fiorentini, Mario Fiorentini, Daniel Krantz, Nima Mir- Madjlessi, Ira Rosen, Robert Silverstein, Constantine Simos and Stephanie Dowling.

**Acceptance of 11/13/2018 Minutes** - Vote unanimous.

**Presidents Report** – Dr. Genevieve Fernandes. Dr. Fernandes welcomed the board members and thanked Dr. Silverstein for hosting the meeting at his office. Dr. Anil Ardeschna was nominated by Dr. Tauk to serve as secretary of the MCDS for the remaining term of approximately one and a half year. The nomination was unanimously approved. Dr. Brown's departure had left this position vacant and in the interim filled by Dr. Tauk. Dr. Fernandes had received requests from certain members regarding membership dues during semi retirement. The board concluded that the current policy on membership dues should be followed without exception.

**Treasurer's Report**- Dr. Mario Fiorentini

See full report on page 3.

**Educational Coordinator's Report** – Dr. Sanjeev Satwah

Dr. Glenn Rosivack will be presenting his lecture "Silver Diamine Fluoride: Will It Replace Primary Teeth Restorations?" On 1/15/19. Honorarium is \$500.

**NJDA Council Reports:**

**Membership** - Dr. Nima Mir- Madjlessi. Update of members who had not paid dues 2018, 2019. Members who had not paid 2018 dues will be individually contacted and urged to renew.

**Committee Reports:**

**Budget and Finance** - Dr. Ira Rosen

This reporting period, Corporate Sponsorship and membership dues added \$10,700 to the MCDS income.

**Corporate Sponsorship** - Dr. Ira Rosen

I am pleased to announce that we will have four of our corporate sponsors with us at the January meeting. Our two gold sponsors that attend all of our meetings – ZimmerBiomet and Provident Bank; as well as our two silver sponsors –Dentsply Sirona and our newest sponsor, CareCredit.

We will continue holding four raffles at each general meeting for \$25 VISA gift cards. Everyone is welcome to enter the raffles if they take the time to meet each of the sponsors. All members are encouraged to visit our sponsors and see the products that they have to offer and how they can help our dental practices and us.

**MCDS Study Club** - Dr. Nima Mirmadjlessi .

We had an excellent presentation given by Dr. H. Cohen on November 28. Twelve members attended it. On January 23, Dr. Gabriel Ruiz will be presenting a follow up presentation to last year's presentation: "Prosthetic Driven Implant treatment planning for long term success (Part II)". I would like to invite all of our members to take advantage of this members' benefit. Also, please feel free to invite a colleague and friend, who have not been able to attend any of our regular events, to attend these meetings.

Finally, please try to preregister, so that I am able to have enough material such as handouts prepared prior to the meetings. The registration forms are available on our website and Facebook page. I would like to remind everyone that this Study Club is a Membership Benefit. I am looking forward to seeing everyone.

Continued on page 3

In addition, a special presentation to our deserving New Life Members will be featured. Life Members have been members for 30 consecutive years, or 40 years total. At this meeting we will honor our members who have reached this milestone in their careers, and acknowledge their contributions.

As I look at the younger dentists that are amidst us today, I am reminded of my younger days in the midst of seasoned colleagues. Are we filled with benevolence? We must treat each other kindly in order to trust each other, and subsequently have confidence in each other in order to do great things for our association. We are responsible for the experience we want to create by appreciating the abundance around us.

Kindly renew your membership if you haven't done so as these general meetings at Pines Manor, our monthly newsletters, our NJDA monthly study club meetings are all a member benefit for our MCDS members. In addition, please do contribute to NJDPAC. This political action committee for dentists in the state of New Jersey helps to raise funds to support those who support oral health and the dental profession. We believe that if senators had a better understanding of the intensive education that dentists undergo, their role in delivering oral health care and, most importantly, the degree to which dental disease is almost entirely preventable, our senators would better understand why a dentist must continue to be the leader of the oral health team. Your support is important to our dental profession.

I am honored to serve you as your President, and truly admire the professional recognition of our Life members. My goal is to continue to serve you with the utmost respect as we all make a positive difference in the lives of our patients.



*The Dental  
Newsletter*

A Publication of the Middlesex County Dental Society

Published at the office of Dr. Robert Silverstein  
www.MCDSofNJ.org user name: mcds  
password: mcds1912

## Detailed Treasurer's Report As of December 31, 2018 Dr. Mario Fiorentini

10/31/18	12/31/18	12/31/17
	Checking (Provident)	
98,578.27	81,851.34	\$97,543.38
	Savings (Provident)	
\$20,054.16	\$20,057.51	\$20,032.42
	Paypal	
\$14,377.27	\$14,377.27	\$13,215.38
	<b>Total</b>	
\$133,009.70	\$116,286.12	\$130,791.18
10/31/18 through 12/31/18 P & L Statement Checking Account INCOME		
TOTAL INCOME		\$0
	EXPENSES	
Name Badges		\$154.25
Supplies		\$547.45
Executive Secretary		\$1,476.00
Dinner Meetings		\$10,368.14
Lecturer Fees		\$1,500.00
Telephone		\$252.21
Newsletter		\$2,428.88
TOTAL EXPENSES		\$16,726.93
SUB TOTAL		\$(16,726.93)
	P & L Statement Savings INCOME	
INTEREST		\$3.35
TOTAL		\$3.35
OVERALL TOTAL		\$(16,723.58)

## Provide MCDS with your email address!

By having your email address, we can get vital and timely information to you, such as meeting cancellations due to inclement weather.

Register by going to our web site, then the member page, then "Of Current Interest."

The username is mcds, and the password is mcds1912.

## Like MCDS on Facebook!

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## MCDS Board of Trustees Report

Continued from page 2

### Dental Shadowing - Stephanie Dowling.

Two Rutgers University students inquired and were referred to participating dentists for shadowing. The board members felt it would be beneficial to conduct a survey and receive feedback from the students and dentists about their experience.

### Mentor - Dr. Nima Mirmadjlessi.

The idea of hosting a series of happy hour social events for member retention was discussed. This would encourage participation specially by the young members. Dr. Mirmadjlessi and Dr. Satwah will look into this further and report back with a proposal.

### New Business

Discussed the benefits of MCDS participating in Rutgers Day. This would be good advertising for Rutgers students interested in Dentistry as well as place MCDS and its members in the limelight for dental services. Dr. Ardesna will look into the logistics and report back.

Respectfully submitted,

Anil Ardesna, D.M.D.

Secretary, MCDS

## Highlights from the January Meeting



MCDS President-Elect and Education Coordinator Dr. Sanjeev Satwah with January featured speaker Dr. Glenn Rosivack.

## MCDS Newsletter Online

Please register online to receive our newsletter electronically, in lieu of receiving it in the mail.

Click on the "Member" link, then the "Of Current Interest" Link.

By registering, you will be able to view the newsletter about a week before it would get to you in the mail, and this will also be saving us money.



## MCDS Induction of New Life Members

The following MCDS members are being honored for life membership this year: Drs. Charles Avrutik, Ralph Besho, Carmen Bonta, Richard Kahn, Martin Kaminker, Jack Kurlansik, Michael Monica, Bruce Roland and John Trimarco. They have shown a steadfast dedication to their profession and organized dentistry over their careers. They will be formally inducted as life members at this month's dinner meeting. Each new life member was asked to submit their biographical information and photos, and those who chose to do so are recognized below.

### Charles Avrutik, DDS

Dr. Avrutik was born in Yonkers, NY, in 1953. He attended Columbia College and graduated in 1975 with a BA in Biology. He then went to Columbia College of Dental Medicine and graduated with his DDS degree in 1979. After graduating dental school, he entered a GPR at Monmouth Medical Center in Long Branch (from 1979-1980). He subsequently worked in various dental practices before opening his own practice in Dayton in 1986, where he is currently in practice. Dr. Avrutik has been a member of AGD since 1986.

He currently resides in Kendall Park with his wife, Denise, who is currently a professor of Dental Hygiene at Berger County Community College.

Dr. Avrutik provides dental screenings yearly at the NJ Special Olympics, and he provides volunteer dental services yearly at the Smiles For Our Heroes Veterans Dental Event.

Dr. Avrutik's daughter, Julianne, is current a resident at Robert Wood Johnsons in New Brunswick. His son, Timothy, is working at J.P. Morgan in New York City.

### Ralph Besho, DMD

Dr. Besho was born in 1953 in Passaic, NJ. He went to FDU in Hackensack for his undergraduate studies, and graduated in 1978 with a BS in Biology. He attended FDU for dental school, and graduated with his DMD degree in 1982. After graduating from dental school, he did a GPR at Overlook Hospital in Summit, NJ, and then went into practice as an associate in a practice in East Brunswick. He has been a clinical instructor at Overlook Hospital for the past 8 years, as well as maintaining a full time private practice in East Brunswick for over 30 years, where he continues to actively practice.

He resides in Shrewsbury with his wife Annette and they have three children: Alyssa, who is an insurance executive, Joseph, who is a third year vascular surgery resident at the University of Texas at Houston, and Alexa, who is a registered nurse. They are excitedly expecting their first grandchild, who is due in February of 2019.

### Richard B. Kahn, DDS

Dr. Kahn was born in New Brunswick in 1953. He graduated from The American University in 1975 with a BS in Distributed Sciences and Georgetown University School of Dentistry in 1979. Following a GPR at Middlesex General Hospital (RWJUH) he attended Fairleigh Dickinson University School of Dental Medicine where he was awarded his specialty certificate in Periodontology in 1983. In 1989 Dr. Kahn successfully challenged the Board becoming a Diplomat of the American Board of Periodontology. He worked as an associate for Kahn, Langbert PA from 1980 until 1984 when he opened his own practice in New Brunswick which is still active. He is an active member in MCDS, NJDA, ADA, NJ Society of Periodontists and the American Academy of Periodontology. He has served as President for MCDS, NJDA and the NJ Society of Periodontics and was an ADA elected CODA Commissioner. Richie is the son of two dentists, Stuart and Doris and is the grandson of two dentists, Julius Kahn and B. Bernard Chilton.

Dr. Kahn currently resides in East Brunswick with his wife Toni. He has three children Barry (who is married to Natalia) and Brooke. He is an avid sports fan. He has been running the roads for forty years completing 9 marathons and has an great passion for powder skiing.

### Martin Alan Kaminker, DMD

Dr. Kaminker was born in 1953 in Jersey City. He attended the University of Pennsylvania and graduated in 1975 with a BA in Biology. He then attended the University Of Pennsylvania School of Dentistry and graduated in 1979. He then went on to a General Practice Residency at Cleveland Metropolitan General Hospital from 1979-1980., and then his Oral and Maxillofacial Surgery Residency at Henry Ford Hospital, Detroit, Michigan (from 1980-83).

Following two years of research at University of Pennsylvania's Graduate School of Biochemistry while an undergraduate student, he co-authored a 1976 article in Biochemistry on MRI imaging of DNA replication. He also did research at University of Pennsylvania School of Dental Medicine's, Leon Levy Center for Oral Health. His goal was owning his solo private practice combined with a part-time academic career.

Until the opening of his private practice in Somerset, NJ, in March of 1985, he was fortunate to simultaneously work three days a week in two distinctively different Oral Surgery offices, those of Dr. Bert Blum, the director of Metropolitan Hospital's Oral Surgery residency program in Queens, NY, and Dr. Barry Elbaum. In 1983 he also joined the faculty at Columbia University's School of Dental Medicine, where he regularly instructed at both the graduate residency and undergraduate students as an Assistant Professor.

Dr. Kaminker annually presented lectures on apicoectomy, basic oral surgery, biopsy, anesthesia, and bone-grafting techniques. For 25 years, he taught the "Oral & General Pathology" curriculum to the Dental Hygiene students at Middlesex Community College. He presented several table clinics on bone-grafting techniques at New Jersey Dental Association's annual session. Dr. Kaminer served as chair of the statewide Oral Cancer Screening Program, a joint program of the NJDA and American Cancer Society. He joined



## MCDS Induction of New Life Members, continued

the teaching faculty at both Robert Wood Johnson University Hospital and St. Peter's University Medical Center, where he covered trauma call, worked with residents, and gave lectures. For 30 years, he regularly taught several CPR courses per year through their American Heart Association teaching centers. He also held appointments at Drexel University School of Medicine and Rutgers Medical School.

The most gratifying part of his career was his affiliations with the Cleft Palate Craniofacial Teams at both St. Peter's University Hospital and Columbia Presbyterian Hospitals where he performed hundreds of bone grafts, palatoplasties, and orthognathic surgical procedures for children and adults. This also gave him the opportunity to travel on 16 volunteer medical missions abroad with Healing the Children and Operation Smile, performing these same techniques on patients in Guatemala, Ecuador, Nicaragua, Kenya, and Thailand. He has always been grateful to have fulfilled his lifelong love of dentistry, which began as an Eagle Scout at age 14, when he was sponsored by his Orthodontist, Dr. Norman Tanz. He views dentistry, then and now, as a challenging career that allowed him to work with his hands and be creative, while helping care for others.

Dr. Kaminker is grateful for his valued membership and friendships in the American Dental Association, New Jersey Dental Association, and Middlesex County Dental Society. He is a life fellow of the American Association of Oral and Maxillofacial Surgeons, and diplomat of the American Dental Society of Anesthesiology and American Academy of Oral Medicine. He has held leadership positions for several decades in the New Jersey chapters of these societies. He also is a member of the American College of Oral and Maxillofacial Surgeons.

Dr. Kaminer currently resides with Marcie, his wife of 43 years, on their 45-acre farm and vineyard outside of beautiful Talent, Oregon. They have three adult children: Jacob (37), David (36), and Eva (33). David and his wonderful 3-year-old granddaughter Sophia, as well as his relocated 87-year-old mother, all live close to them in the Rogue Valley. Their other two children, Jacob and Eva, live with their spouses in the San Francisco Bay Area.

### Jack Kurlansik, DMD

Dr. Kurlansik was born in New Brunswick in 1953. He graduated from Rutgers University in 1975 with a BS in Animal Science. Dr. Kurlansik went on to obtain a DMD from Boston University Goldman School of Graduate Dentistry in 1979. He subsequently worked in Piscataway and Somerset for a combined two years before founding Park Dental Group in Highland Park with his partner Ethan Glickman. They worked together for almost 30 years, until Dr. Glickman retired in 2011. He is still actively practicing in Park Dental Group along with his associate Dr. Antonio Couzo, who joined him in January of 2016.

In addition to being a member of MCDS, NJDA and ADA, Dr. Kurlansik has been active on the MCDS Board of Trustees. He currently resides in Whitehouse Station with his wife, Barbara S. Bush, Psy. D. He has four children: Emily Kurlansik, Psy. D., who is currently a second year Post Doctoral Fellow at Columbia University in NYC in the field of Neuropsychology. Jonathan Kurlansik, D.O. is currently a resident at University Hospital in Cleveland, OH, specializing in Emergency Medicine. His wife, Haley Vest, D.O., is also a resident at University Hospital in Cleveland specializing in Family Medicine. Sarah Bush, B. Sc. in Biology, M.S. in Biomedical Science. She currently resides in Henderson, Nevada, and is pursuing a degree as a Physician Assistant. Kathryn Bush, B. Sc. in Biochemistry, is currently a second year student at Cooper Medical School in Camden, NJ.

### Bruce J Roland, DMD

Dr. Roland was born in Irvington, NJ in 1953. He graduated from Rutgers University in 1974 with a major in Biology. He attended UMDNJ for dental school, and graduated in 1977.


After graduating from dental school, Dr. Roland spent his first year in practice in Staten Island, and then the past 40 years in Somerset. He taught at UMDNJ for 8 years in the departments of Occlusion, Dental Anatomy, Dental Materials Science and Fixed Prosthodontics. He opened his own practice in 1986, and then built a building and moved his practice across town in 2008. Dr. Roland is actively practicing, but with no evening hours and more vacation time (spent mostly in Arizona). He has two incredible dental partners: Devon Berry and Dean Chencharik, both UMDNJ/Rutgers Dental School graduates. He is very proud of their progress in dentistry and dental practice and their devotion to excellent care for their patients. Their practice includes a nutritionist, a massage therapist, an esthetician, a specialist in eyebrow blading, and two certified yoga instructors with daily classes — a very special practice model.

Dr. Roland is a member of AGD (MAGD), AOM and AACD. In addition to having been a Clinical Assistant Professor at UMDNJ, he is a Past President of the Academy of Oral Medicine, NJ Chapter, a Master of the Academy of General Dentistry, and a member of the Alpha Omega Dental Fraternity. He currently lives in Somerset, 1 mile from his office. He has two sons: Brian and Scott. Brian and his wife Nicole (a marketing director) live in Naples, Florida. Brian is a CIA graduate chef and owns the Crave Culinaire and Venue Naples restaurants, employs 12 chefs, and has a large catering facility and event center. Scott and his wife Andrea (a RN), daughter Parker Sophia, also live in Naples, Florida. Scott is a PGA professional Golf Academy of America graduate. He currently is Executive General Manager of Naples Infinity. Dr. Roland has one granddaughter - Parker Sophia Roland, who is 2 1/2 years old, and she is really, really cute.

He enjoys riding motorcycles throughout the country and participating in track day events, playing clarinet, piano and bongo drums, taking classes in oil painting, cooking classes, riding ATVs in the Arizona desert, and twice weekly Salsa dance classes.

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# Middlesex County Dental Society Councils and Committees

## – NJDA Council Representatives –

Daniel Krantz .....	ADA Delegate .....	469-8083	Genevieve Fernandes	Membership Co-Chair.....	613-1931
Richard Kahn.....	ADA Alternate Delegate.....	828-6622	Nima Mir Madjlessi ..	Membership Co-Chair.....	651-8470
Mark Vitale.....	NJDPAC .....	494-7575	Nicholas Diaz .....	New Dentists .....	917-685-3679
Araceli Ziemba.....	Annual Session .....	297-0588	Amit Vora .....	NJDA State Trustee .....	494-2444
Antoinette Tauk .....	Dental Benefits Delegate .....	940-0092	Robert Ashmen.....	NJDA Alt. State Trustee .....	846-6366
Devang Modi.....	Dental Benefits Alt. Delegate .....	873-4122	Steven Susskind.....	Peer Review.....	254-9111
Amit Vora .....	Governmental/Public Affairs.....	297-4900	Constantine Simos.....	Relief .....	247-8083
Mark Schambra .....	Judicial Council.....	846-6366			

## – MCDS Committee Chairpeople and Members at Large –

Ira Rosen.....	Budget and Finance .....	422-7440	Stephanie Dowling ....	Dental Shadowing .....	764-6237
Cavan Brunsden .....	Children's Dental Health .....	679-2323	Alyssa Bernstein.....	Hygiene Study Club .....	388-3100
Mark Schambra .....	Continuing Education.....	846-6366	Genevieve Fernandes	Membership Hospitality.....	613-1931
Ira Rosen.....	Corporate Sponsorship .....	422-7440	Cavan Brunsden .....	Special Olympics.....	679-2323

732 area codes unless otherwise indicated

## MCDS Officers

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Stephanie Dowling

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