

Meeting Schedule 2019-20  
Arranged by the Education Committee

9/17/2019

Dr. Michelle Weddle

“The Dentist’s Role in Recognizing Adult  
Airway and Sleep Related Breathing  
Disorders”

10/15/19

Dr. Gordon Christensen

“Predictable, Non-Sensitive, Long-Lasting,  
Profitable Composites”

11/19/19

Dr. Chad Gehani

“Management of Periapical Pathosis”

1/21/20

Officer’s Night and Life Member  
Presentations

2/18/20

Dr. Dean Vafiadis

“Digital Technologies: Aesthetics and  
Occlusion”

3/17/20

Dr. Maxine Feinberg

“Dentistry: The Road Ahead with a Look in  
the Rear View Mirror”

(Sy Symansky Memorial Lecture)

4/21/20

Dr. Shahid Aziz

“Virtual Surgical Planning in Orthognathic  
and Reconstructive Surgery and Invisalign  
Orthognathic Surgery”

# The Dental Newsletter



[www.MCDSofNJ.org](http://www.MCDSofNJ.org)

*A Publication of the Middlesex County Dental Society*

## President’s Message ... Sanjeev Satwah



It is hard to believe how time has flown by! We are only a few days out from the Gordon Christensen CE Course and closing out over two years of planning and execution. We are humbled and thankful for all the great individuals that pulled together. This has been one of the most challenging yet rewarding experiences imaginable in my time on the MCDS Board. It has allowed me to reflect on our past events and admire all those that worked so hard to make them possible. We are truly blessed with amazing leadership and character on the Board.

With new roles and responsibilities, one must also take time to look back and acknowledge the great people and leadership that have guided MCDS and provided such great educational offerings for our membership. Earlier this week, I was flipping through past MCDS CE certifi-

Continued on page 2

## GENERAL MEETING – Tuesday, October 15, 2019

**THE PINES** Route 27 • Edison, NJ

Registration and hors d’oeuvres.....	6:00-7:15
Everyone seated and dinner orders taken.....	7:15
Speaker.....	7:30-9:00

### Featured Speaker: Dr. Gordon Christensen

#### “Predictable, Non-Sensitive, Long-Lasting, Profitable Composites”



Dr. Gordon Christensen is an internationally renowned speaker and practicing prosthodontist in Provo, Utah. He is an Adjunct Professor at the University of Utah, School of Dentistry. Dr. Christensen and his wife, Dr. Rella Christensen are co-founders of the non-profit Clinicians Report Foundation (previously named CRA). Since 1976, they have conducted research in all areas of dentistry and published the findings to our profession in their newsletter now called Clinician’s Report. Gordon’s degrees include: DDS, University of Southern California; MSD, University of Washington; PhD, University of Denver, and two honorary doctorates. He is an Adjunct Professor at the University of Utah School of Dentistry.

Composites are completed several times in a day in the average restorative practice. On completion of this presentation, participants should be able to compare and discuss the current popular composite brands and techniques, list proven clinical techniques for each type of composite indication and incorporate the information into their practice. Concepts will include the best composite brands, liners and bases, desensitization, bulk fillings, solving the light curing challenge, finishing without “white-lines,” and practice management.

## MCDS Board of Trustees Report

September 10th, 2019

**Attendance:** Drs. Anil Ardeschna, Christopher Florentini, Mario Florentini, Richard Kahn, Nima Mir- Madjlessi, Ira Rosen, Sanjeev Satwah, Mark Schambra, Robert Silverstein, Antoinette Tauk, Amit Vora, Araceli Ziemba  
Acceptance of 4/9/2019 Minutes - Vote unanimous.

**President's Report** - Dr. Sanjeev Satwah.

The Membership Hospitality Committee has been dissolved. This has been voted and approved by the members of the board. Any emails to membership will be sent out at the discretion of the President.

**Treasurer's Report** – Dr. Christopher Florentini

See Full Report on page 3.

**Educational Coordinator's Report** - Dr. Antoinette Tauk

On September 17, 2019, MCDS welcomes Dr. Michelle S. Weddle. Dr. Weddle will present "The Dentist's Role in Recognizing Adult Airway and Sleep Related Breathing Disorders." For our October meeting, MCDS welcomes Dr. Gordon Christensen. Dr. Christensen will be lecturing on 10/15/19 on "Predictable, Non-Sensitive, Long-Lasting, Profitable Composites." Please note that the Tuesday evening lecture will be 90 minutes long running from 7:30-9 PM. We plan on starting the lecture at 7:30 PM sharp so please plan on arriving early. Dr. Christensen will be presenting our full day CE event on 10/16/19 from 8 AM-3 PM. Registration and breakfast is at 7:30 AM. The full day event is "The Christensen Bottom Line—2019."

**NJDA Council Reports:**

**Dental Benefits** - Dr. Antoinette Tauk

The Council on Dental Benefits met on 5/15/19 at Delta Dental in Parsippany, NJ. Smile Direct has partnered with UHC/Aetna to process orthodontic coverage. Make certain to check a patient's benefits for orthodontics because the patient may have reached their lifetime orthodontic maximum before seeing an actual dentist. The Council proposed and unanimously passed a motion to form a committee to take suggestions to formulate and propose new CDT codes for 2020. The committee shall be co-chaired by Drs. Michelle Weddle and George Athansios. Any NJDA member can contribute to and/or be a member of this committee. Information was given regarding several groups that are advocating for dental to be included in Medicare Part B. One study proposes that there will be considerable savings to Medicare if periodontal treatment is covered for high risk groups such as diabetics. Cigna is strongly pushing electronic fund transfers (EFTs). Currently, it is not mandatory that dentists participate with EFTs. The next CODB meeting will be held on 9/18/19 at the Marriott in North Brunswick.

**New Dentists** – Dr. Nicholas Diaz

Our first event is September 26, 2019 at Zeppelin Hall in Jersey City from 7-9pm. Please register via this link (<https://tinyurl.com/y5ofq946>). The event is open to New Dentist specifically those practicing 2-10years out of school.

**Committee Reports:**

**Budget and Finance Committee** – Dr. Ira Rosen

The budget committee is comprised of our current and past-presidents, our current and past-treasurers and the chairman of the Budget and Finance Committee. Our by-laws require us to prepare the budget for the October Board of Trustees meeting for board approval and at then present it to the membership at the October General Membership meeting. A copy of the budget is then published in the November newsletter and then it is voted upon

Continued on page 3

Presidents's Message – Continued from Page 1

cates from over the years and realized how fortunate I was to have earned such high quality CE within my component. And to be able to provide such courses for our membership is an extreme privilege and very self rewarding.

We are fortunate to have a remarkable board over the past many years. Many on the board have dumped their heart and soul into continuing our great organization. One thing I have learned in my short time as President is that any board with passionate and motivated members goes through its fair share of turmoil. This is not bred out of a place of discord, but rather a true desire to grow the organization. These differing perspectives provide the bond that will make an organization stronger as a whole.

I would encourage anyone that wants to become more connected with MCDS at a deeper level to join us at our board meetings and be part of something special. Thank you.

### Provide MCDS with your email address!

By having your email address, we can get vital and timely information to you, such as meeting cancellations due to inclement weather.

Register by going to our web site, then the member page, then "Of Current Interest." The username is mcds, and the password is mcds1912.



*The Dental Newsletter*  
A Publication of the Middlesex County Dental Society

Published at the office of Dr. Robert Silverstein  
[www.MCDSofNJ.org](http://www.MCDSofNJ.org) **user name:** mcds  
**password:** mcds1912

**Detailed Treasurer's Report**  
As of August 31, 2019  
Dr. Christopher Fiorentini

3/31/19	8/31/19	8/31/18
	Checking (Provident)	
\$60,590.35	\$108,732.61	\$102,968.80
	Savings (Provident)	
\$20,062.45	\$20,070.85	\$20,050.81
	Paypal	
\$14,377.27	\$19,354.15	\$14,377.27
	<b>Total</b>	
\$95,030.07	\$148,157.61	\$137,396.88
3/31/19 through 8/31/19 P & L Statement Checking Account INCOME		
Dues		\$44,849.04
Corp Sponsor - C.E		\$19,550.00
Cont. Ed. Income		\$850.00
<b>TOTAL INCOME</b>		<b>\$5,250.00</b>
EXPENSES		
Executive Secretary		\$4,211.05
Dinner Meetings		\$9,084.21
Telephone		\$339.33
Speaker		\$500.00
Executive Committee Dinner		\$1,021.34
Accountant Fees		\$1,155.00
Memorial and Gifts		\$250.00
NJDA Annual Convention - Exp		\$500.00
MCDS Study Club		\$45.85
<b>TOTAL EXPENSES</b>		<b>\$17,106.78</b>
<b>SUB TOTAL</b>		<b>\$48,142.26</b>
P & L Statement Savings INCOME		
INTEREST		\$8.40
<b>TOTAL</b>		<b>\$8.40</b>
PayPal		
Cont. Edu Inc		\$4,976.88
<b>OVERALL TOTAL</b>		<b>\$48,150.66</b>

## MCDS Board of Trustees Report

Continued from page 2

at our November general meeting.

### Corporate Sponsorship – Dr. Ira Rosen

I am very pleased to announce that as of this time we have secured eight corporate sponsors for this year. We have three gold sponsors– ZimmerBiomet, Provident Bank and CareCredit; one silver sponsor- DentsplySirona; and four bronze sponsors– Benco Dental Supply Company, Kuwata Pan Dent, Strong Financial and Ultradent. In addition, we anticipate having the NJDA Corporate Sponsors continuing to sponsor our “Officer’s Night”.

In addition, six of our sponsors have also agreed to sponsor our full day continuing education course on October 16th featuring Dr. Gordon Christensen. We will continue having our raffles at each general meeting for four \$25 VISA gift cards to entice our members to meet with our sponsors. All members are encouraged to visit the sponsors and see the products that they have to offer and how they can help us and our dental practices.

### MCDS Study Club - Dr. Nima Mirmadjlessi

We have a great 2019-20 Study Club set. There are a variety of Clinical, Non-clinical and Business management topics that have been selected. Our First meeting will be held on October 23, 2019. DR. GABRIEL RUIZ: Introduction to Surgically Guided Implant Dentistry, Single Implant Placement. THIS IS THE ONLY MEETING HELD AT THE ADMINISTRATION BOARD ROOM AT JFK HOSPITAL, 65 James St Edison NJ 08820. Take the visitor elevator to the 3rdFloor, turn RIGHT off the elevator continue to the end of the hallway. Turn RIGHT and then LEFT, follow the hallway walking past case Management/social Work (right) and BTU supervisors office and Neuropsychology (left) continue down the Hallway. Administration and Medical Staff Office will be on the right.

The rest of the meetings will be held at the JFK Medical Center, MRI Conference Room as last year. The registration form will be available on our website and our face book page. I would like to remind everyone that this Study Club is a Membership Benefit. I am looking forward to seeing everyone.

Respectfully submitted, Anil Ardeshta, Secretary

**Like MCDS on Facebook!**  
[www.facebook.com/mcdsnj/](http://www.facebook.com/mcdsnj/)



## Highlights from the September Meeting



MCDS President Dr. Sanjeev Satwah (L.) and Membership Chairperson Dr. Nima Mir Madjlessi (R.) welcome our new-est members: Drs. Nikolay Levintov and Shyam Shah.



September Featured Speaker Dr. Michelle Weddle with MCDS President Dr. Sanjeev Satwah.

---

# Middlesex County Dental Society

## Mentor Study Club

# REGISTRATION FORM

1. ] **October 23, 2019** **\*THIS IS THE ONLY MEETING HELD AT THE ADMINISTRATION BOARD ROOM AT JFK HOSPITAL\***  
**DR. GABRIEL RUIZ: Introduction to Surgically Guided Implant Dentistry, Single Implant Placement**

2. ] **November 20, 2018**  
**DR. HUGH HABAS: Maximize Your Practice For Optimum Profitability and Economic Freedom**

3. ] **January 22, 2019**  
**DR. ETHAN GLICKMAN: VAPING, JUULS and E-cigarettes: A public Health Crisis-Medical and Dental Considerations.**

4. ] **February 19, 2019**  
**Vito Mazza: 1. Controlling Your Accounts Receivable: 10 TIPS Improving Cash Flow Management 2. Improving Your Dental Communication and Effective Presentation Skills**

5. ] **March 25, 2019**  
**DR. STEVE SUSSKIND: A Review of The Peer Review Process.**

6. ] **April 22, 2019**  
**DR. Laurence Dobrin: PANDA: Preventing Abuse and Neglect Through Dental Awareness**

7. ] **May 20, 2019**  
**DR. RICHARD KAHN: Removing Barriers to Incorporate Dental Implants in Your Practice.**

**Time:** Registration: 6:00 PM Program: 6:30 - 8:30 PM  
**Place:** JFK Medical Center, MRI Conference Room 65 James St. Edison NJ 08820

**Tuition:** This seminar is only available to our members as a **member benefit of MCDS**

Office Name .....  
Office Address .....  
Office phone # ..... Office fax # .....  
Name (Dentists & Staff attending) ..... title .....

.....

.....

.....

### **Mail and Return to:**

**MIDDLESEX COUNTY DENTAL SOCIETY P.O. Box 127 Colonia, NJ 07067**  
**MCDS OFFICE: (732) 764-6237 MCDS FAX: (732) 764-6200**



**BENEFIT FROM THE KNOWLEDGE YOU WILL GAIN HEARING ONE OF THE MOST RESPECTED AUTHORITIES IN DENTISTRY, *DR. GORDON CHRISTENSEN!***

***Help fulfill your CE requirements before the 10/31 expiration.***

***Location easily accessible from all major routes and mass transit!***

***Special Member Benefit: Exceptionally low rates for MCDS & NJDA Members!!!***

## Middlesex County Dental Society

### The Christensen Bottom Line--2019

Presented by Gordon J. Christensen, DDS, MSD, PhD

#### About the course:

This fast moving "bottom line" course includes the areas of dentistry with the most activity and change in any given year. It is easily understood and has numerous summaries that help attendees to interpret the ongoing advancements in the profession. This course encourages audience participation and is presented in an enjoyable and humorous manner.

On the completion of this course attendees should be able to:

- List the most important and useful new techniques presented in this course.
- List the most important and useful materials and new concepts discussed in this course
- Implement those aspects of the course most applicable to their practice.

DATE	TIME	LOCATION	CREDITS
Wednesday October 16th, 2019	7:30 am Registration & Continental Breakfast 8:00 am — 3 pm Course & Lunch (Breakfast and Lunch included)	Pines Manor 2085 Lincoln Hwy Edison, NJ 08817	6 Continuing Education Credits

#### Dr. Gordon Christensen:

Gordon J. Christensen is Founder and Chief Executive Officer of Practical Clinical Courses (PCC), Chief Executive Officer of Clinicians Report Foundation (previously named CR) and a Practicing Prosthodontist in Provo, Utah. Gordon and Dr. Rella Christensen are co-founders of the non-profit CLINICIANS REPORT FOUNDATION (previously named CRA). Since 1976, they have conducted research in all areas of dentistry and published the findings to the profession in the well-known CRA Newsletter now called CLINICIANS REPORT.

Gordon's degrees include: DDS, University of Southern California; MSD, University of Washington; PhD, University of Denver, and two honorary doctorates.



#### Registration Form

\_\_\_\_\_  
Doctor's Name (Last)

\_\_\_\_\_  
Doctor's Name (First)

\_\_\_\_\_  
Street Address

\_\_\_\_\_  
City

\_\_\_\_\_  
State                      Zip

\_\_\_\_\_  
Office Telephone Number

#### Tuition

##### Dentists:

MCDS Members/Residents: ..... \$25/ \$50 ea\*

NJDA Members (non-MCDS) ..... \$175 / \$200 ea\*

ADA Non-Members: ..... \$350 / \$375 ea\*

Total Enclosed: \$ \_\_\_\_\_

\* Early/Late registration cutoff date: September 18, 2019

Checks Payable to MCDS (Payment must accompany registration)

Mail to: Middlesex County Dental Society


P.O. Box 127, Colonia, NJ 07067

For further information call 732-764-MCDS (6237)

To register more than one dentist for your office, please use copies of this form, or register online at  
[www.MCDSofNJ.org](http://www.MCDSofNJ.org) (Payment by Credit Card is also available online)

DENTSPLY  
CAULK

# CEMENT CLEAN-UP IS A SNAP.



Benefit from the speed of tack curing  
without the stress of over curing.  
Visit [www.CalibraCement.com](http://www.CalibraCement.com)

Data on file. ©2015 DENTSPLY International. All rights reserved.

## GOLD METAL PERFORMANCE

- EXPERIENCE THE BRILLIANCE -

wave•one<sup>®</sup> GOLD    PROTAPER<sup>®</sup> Gold

- Increased Efficiency
- Reduced Cyclic Fatigue
- Greater Flexibility

1-800-662-1202  
[www.Dentsply.com](http://www.Dentsply.com)

DENTSPLY  
TULSA DENTAL SPECIALTIES

©DENTSPLY International, Inc. ADGMP2 Rev.1 1/2/15

At Benco Dental, we're proud to offer dentists more equipment and supply options than any national dental company. Our mission is to provide dentists with everything they need to achieve their goals.

**That's the Benco Difference.**

**Benco Dental™**  
We deliver success smile after smile.<sup>®</sup>  
BENCO.COM • 1.800.GO.BENCO

**Kuwata Pan Dent**

**The Laboratory  
Dentists Trust**



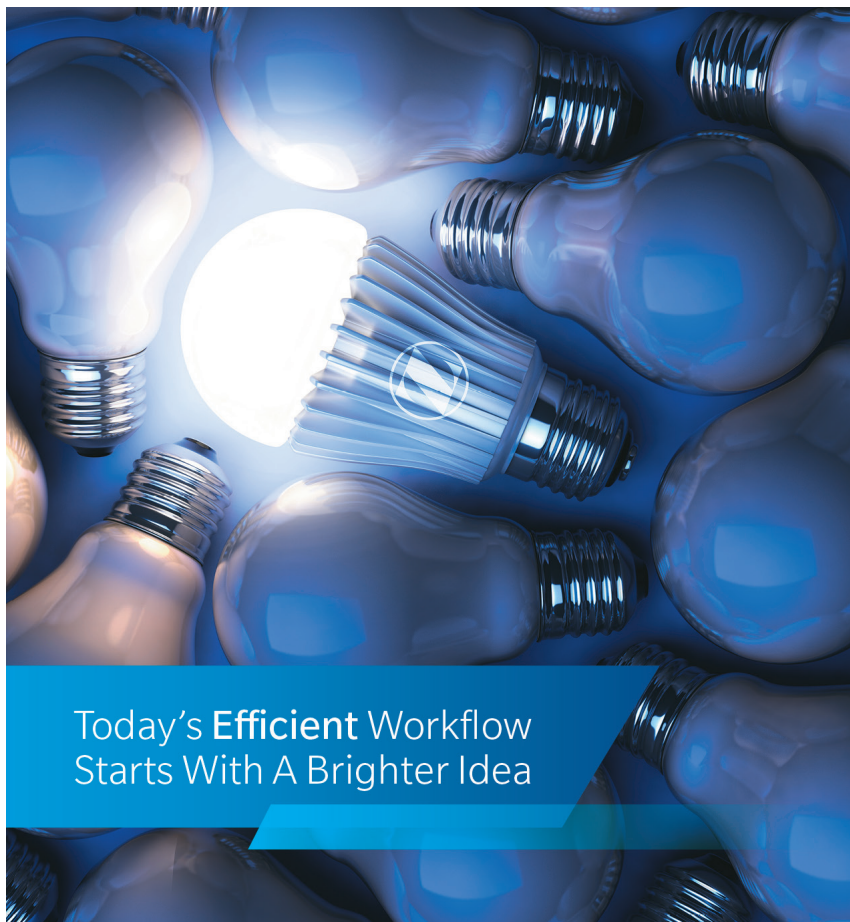
**877-377-4455**

[www.kuwatapandent.com](http://www.kuwatapandent.com)

### For Sale

Long established general dental practice in the Southern end of Middlesex County. It is located on a busy corner with a traffic light. The office has 2 operatories, Dentrix software / new computers and Visix x-ray system. This beautifully landscaped commercial property includes an occupied rental apartment above the office, a new roof with solar panels and a fenced in yard with an underground sprinkler system. There is an attached oversized one car garage as well as 5 outdoor patient parking spots. The dental practice and associated real estate must be purchased together.

All inquiries should be directed to:  
Ellen Newman (H) 828-435-0227 (C) 415-328-2049 (please try the home number first)  
and/or email: [myhappydogs@aol.com](mailto:myhappydogs@aol.com)



Today's **Efficient** Workflow  
Starts With A Brighter Idea

Still using One-Piece  
Healing Abutments and  
Impression Copings?

Try the **BellaTek®**  
**Encode®** Impression  
System



**Easy. Efficient. Proven.**

Let us enlighten you about Encode. Contact your local sales  
representative or call **1-800-342-5454** for more information.

[zimmerbiometdental.com/encode](http://zimmerbiometdental.com/encode)



\* Data on file at RTI Surgical, Inc.

Unless otherwise indicated, as referenced herein, all trademarks are the property of Zimmer Biomet; and all products are manufactured by one or more of the dental subsidiaries of Zimmer Biomet Holdings, Inc., and distributed and marketed by Zimmer Biomet Dental (and, in the case of distribution and marketing, its authorized marketing partners). For additional product information, please refer to the individual product labeling or instructions for use. Product clearance and availability may be limited to certain countries/regions. This material is intended for clinicians only and does not comprise medical advice or recommendations. This material may not be copied or reprinted without the express written consent of Zimmer Biomet Dental. ZB0391 REVA 08/17 ©2017 Zimmer Biomet. All rights reserved.

Your patients count  
on you to keep  
them healthy.

**Count on us for your financial health.**

At Provident Bank, we understand that healthcare businesses have unique banking needs. Our local healthcare lenders customize lending solutions and provide fast financing for all types of dental practices, partnerships, and corporations.

- Equipment financing/lines of credit
- Practice buy-in and buy-out loans
- Up to 85% loan-to-value for commercial mortgages

[www.Provident.Bank](http://www.Provident.Bank)



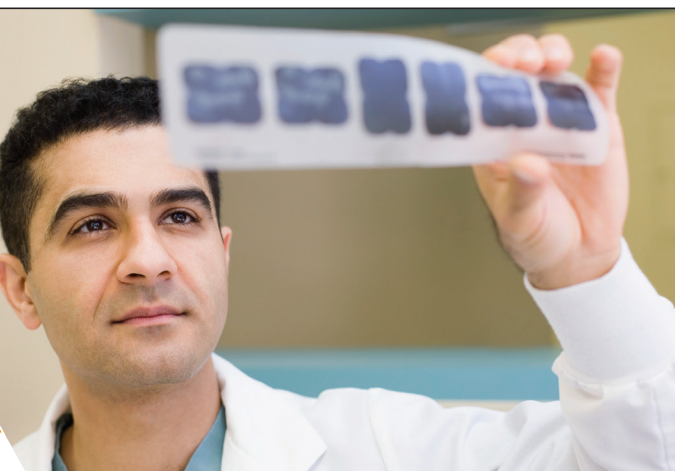
Over 80 branches in NJ & PA to serve you.

Call our commercial healthcare lender today!

**John Bolich, SVP • [john.bolich@provident.bank](mailto:john.bolich@provident.bank) • 973.656.2441**

**Mark Wrobel, Relationship Manager • [mark.wrobel@provident.bank](mailto:mark.wrobel@provident.bank) • 973.644.5409**

**Dave Ostrowski, Banking Center Manager, Edison • [david.ostrowski@provident.bank](mailto:david.ostrowski@provident.bank) • 732.225.0800**





# Middlesex County Dental Society Councils and Committees

## – NJDA Council Representatives –

ADA Delegate .....	Richard Kahn.....	732-828-6622	Membership.....	Nima Mir Madjlessi...	732-651-8470
ADA Alt. Delegate .....	Daniel Krantz .....	732-469-8083	New Dentists .....	Nicholas Diaz .....	917-685-3679
NJDPAC .....	Amit Vora .....	732-297-4900	NJDA State Trustee .....	Amit Vora .....	732-494-2444
Annual Session.....	Araceli Ziemba .....	732-297-0588	NJDA Alt. State Trustee ....	Robert Ashmen .....	732-846-6366
Dental Benefits .....	Antoinette Tauk .....	732-940-0092	Peer Review.....	Steven Susskind.....	732-254-9111
Governmental/Public Affairs...	Amit Vora .....	732-297-4900	Relief .....	Constantine Simos .....	732-247-8083
Judicial Council.....	Robert Silverstein.....	732-560-0022			

## – MCDS Committee Chairpeople and Members at Large –

Budget and Finance.....	Ira Rosen.....	732-422-7440	Dental Shadowing .....	Stephanie Dowling ....	732-764-6237
Children's Dental Health...	Cavan Brunsden .....	732-679-2323	Hygiene Study Club .....	Alyssa Bernstein.....	732-388-3100
Continuing Education.....	Mark Schambra .....	732-846-6366	Mentor/MCDS Study Club.	Nima Mir Madjlessi .	732-651-8470
Corporate Sponsorship .....	Ira Rosen.....	732-422-7440	Special Olympics.....	Cavan Brunsden .....	732-679-2323

## MCDS Officers

Emeritus Editor:	Dr. Theodore Symanski	(1898-1998)
NewsL./Web Ed.:	Dr. Robert Silverstein	732-846-8686
Facebook Editor	Dr. Christopher Fiorentini	732-545-1023
President:	Dr. Sanjeev Satwah	732-422-7777
President Elect:	Dr. Antoinette Tauk	732-940-0092
Vice President:	Dr. Mario Fiorentini	732-545-1023
Treasurer:	Dr. Christopher Fiorentini	732-545-1023
Secretary:	Dr. Anil Ardeshta	973 972 1892
Ed. Coordinator:	Dr. Antoinette Tauk	732-940-0092

### MCDS Executive Secretary:

Stephanie Dowling

P.O. Box 127, Colonia, NJ 07067

732-764-MCDS (6237)

732-764-6200 (Fax)